**Burnaby Central Secondary School**

**Career Life Connections 11**

**Assignment #1 – Growth Mindset**

**Due Date: Wednesday, November 6th**

You have had a chance to learn and see what Growth Mindset is. Here is a chance for you to reflect on what it means to you.

You are an investigative reporter. Interview 3 different people (one family member, one peer and one retiree). Please ask and write down their answers to the following:

**Interview #1 (Family Member)**

Full Name:

Age: Occupation:

1. Give an example of a bad mistake you have experienced in your life
2. What did you learn from the mistake?
3. How did it change you?

**Interview #2 (Peer)**

Full Name:

Age: Occupation:

1. Give an example of a bad mistake you have experienced in your life
2. What did you learn from the mistake?
3. How did it change you?

**Interview #3 (Retiree)**

Full Name:

Age: Occupation:

1. Give an example of a bad mistake you have experienced in your life
2. What did you learn from the mistake?
3. How did it change you?

**GROWTH MINDSET LETTER**

Now we want to hear about your experience. You will now write a letter to a future student. Think about a time you overcame a struggle to learn something. It could be anything – from adding negative numbers to learning a technique in baseball to writing an introduction for a difficult essay. Reflect on the times when you failed at first but through persevering your brain created new neural connections and you eventually became better at the task at hand.

Write a letter to a future student in your school about this struggle. In at least 200-300 words, tell this student your story and give them advice on what they should do next time they encounter an obstacle when learning something new. Feel free to be as creative as you can.

**Dear Future Student:**

**CLC ASSIGNMENT # 1: GROWTH MIND SET INTERVIEW & LETTER ASSESSMENT**

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| **CRITERIA** | **EMERGING** | **DEVELOPING** | **PROFICIENT** | **EXTENDING** |
| **Growth Mind Set** | * Less than three people are interviewed. * Responses and examples are missing or lacking details. * Letter does not or barely describes your struggle and how you persevered * Letter offers minimal or no growth mindset advice on handling an obstacle * Letter is under 200 words | * Two people are interviewed. * Responses and examples are almost complete and include some details * Letter somewhat describes your struggle and how you persevered * Letter offers limited growth mindset advice on handling an obstacle * Letter is almost complete and is just under 200 words | * Three people are interviewed * Responses and examples are complete and include details * Letter competently describes your struggle and how you persevered * Letter offers solid growth mindset advice on handling an obstacle * Letter is complete and is 200-250 words | * Three people of different ages are interviewed * Responses and examples are detailed and thorough * Letter clearly outlines your struggle and how you persevered * Letter offers real world growth mindset advice on handling an obstacle * Letter is sophisticated and authentic and meets word count. |
| **Employability**  **Skills** | * Not submitted on time * Some language is not appropriate * Many grammar and spelling errors; work requires proofreading. | * Not submitted on time * Language is somewhat appropriate * Several grammar and spelling errors | * Submitted on time * Language is appropriate * Minimal grammar and spelling errors | * Submitted on time * Language is sophisticated and professional * Free of grammar and spelling errors |